

ARE YOUR EYES READY FOR THE DIGITAL WORLD?

Our eyes and vision change in many ways during our lifetime. Environmental conditions, air-conditioning and use, or even over use, of technology can make the eyes feel tired, irritated and uncomfortable.

There are lens choices and products that can assist with our changing needs and lifestyle. Zeiss digital lenses help the eyes to adjust more easily from one task to another - avoiding eyestrain and providing comfort throughout the working day.



CALL IN AND TEST YOURSELF ON OUR ZEISS DIGITAL EYESTRAIN APP!

Are your eyes irritated, watery or uncomfortable?

Try this simple test. Blink twice and then slowly count the numbers shown below.

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15

If you can't get to ten without needing to blink again then you may have Dry Eye.

Which drop is best for you?
Ask your Optician to help.

We offer specialist dry eye appointments, assessing your problems and advising on a treatment plan for you. Using drops alone can help, but doesn't always tackle the underlying problem - ask a team member for information.

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